



TODD STAPLES, COMMISSIONER

POLICY ALERT

Date: July 14, 2011

Reference: # CACFP CCC 2011-14

To: Child and Adult Care Food Program Child Care Centers (CACFP CCC) Contractors

Subject: Fluid Milk and Fluid Milk Substitutions

Effective Date: Immediately

Purpose

REVISE CACFP CCC Handbook Items:

- 4113.2 Meal Pattern Charts – Children One Year and Older
- 4113.5 Meals for Children/Infants with Medical or Special Dietary Needs

Implementation

Immediately but no later than October 1, 2011

Procedure

Add the following to Item 4113.2

Fluid milk served to children ages two and older must be: fat-free or low-fat milk, fat-free or low-fat lactose reduced milk, fat-free or low-fat lactose free milk, fat-free or low-fat buttermilk, or fat-free or low-fat acidified milk.

The milk served must be pasteurized fluid milk that meets State and local standards and may be flavored or un-flavored. Whole milk and reduced-fat (2%) milk may not be served to children over two years of age.

Requirements related to fluid milk for children under two have not changed.

Add the following to Item 4113.5

Children who cannot consume fluid milk due to medical or other special dietary needs, other than a disability, may be served non-dairy beverages in lieu of fluid milk. Non-dairy beverages must be nutritionally equivalent to milk and meet the nutritional standards for fortification of calcium, protein, vitamin A, vitamin D, and other nutrients to levels found in cow's milk as outlined below:

continued

This Policy Remains in Effect Until Further Notice

Procedure continued

Nutrient	Per Cup
Calcium	276 mg.*
Protein	8 g.*
Vitamin A	500 IU.*
Vitamin D	100 IU.*
Magnesium	24 mg.*
Phosphorus	222 mg.*
Potassium	349 mg.*
Riboflavin	0.44 mg.*
Vitamin B-12	1.1 mcg.*

Parents or guardians may request in writing non-dairy milk substitutions without providing a medical statement. You must ensure the substitution meets the requirements as stated above. The written request from the parent or guardian must identify the medical or special dietary need that restricts the diet of the child. For example, a parent who has a child who follows a vegan diet may request soy milk be served instead of cow's milk.

Milk substitutions are at the option and expense of the contracting entity or sponsored site.

*mg = milligrams; g = grams; IU = international units; mcg = micrograms

Contact

If you have any questions please contact your Community Operations office.
